

Download Dementia And You Care Protection And Reducing Risk

Over 850,000 people in the UK are living with dementia, and this number is set to increase to one million by 2025, and two million by 2050 (Public Health England 2018). Dementia costs society £20 billion annually. Want to reduce your risk of developing Alzheimer's disease as well as other types of dementia? Here are 11 foods that researchers have repeatedly studied and found to be correlated with a lower risk of dementia.

Living Alone with Dementia: Assessing and Managing the Risk. Dr. C. A. Cohen March 10, 2008. Learning Objectives. Describe important issues arising in caring for these clients Identify predictors of harm for these clients Outline strategies for assessing, monitoring & reducing risk. The biggest dementia risk factors—age and family history—can't be changed, but you can address these issues to lower risk of cognitive decline or dementia.