

# Download Diet And Heart Disease A Round Table Of Factors

According to the American Heart Association, heart disease accounts for about 33 percent of deaths in the U.S.—claiming one life every 38 seconds. Those are some scary numbers, but you can avoid becoming a statistic by looking at what you eat more closely. Why blood cholesterol matters. High blood cholesterol is one of the major controllable risk factors for coronary heart disease, heart attack and stroke. As your blood cholesterol rises, so does your risk of coronary heart disease.. What is blood cholesterol? Gastroenterology Diets required to treat many of the most common gastric illness and diseases. Call Miami Gastroenterology Physicians now to schedule a consult at 305-274-7800 Cardiovascular diseases, especially coronary heart disease (CHD), are epidemic in India. The Registrar General of India reported that CHD led to 17% of total deaths and 26% of adult deaths in 2001-2003, which increased to 23% of total and 32% of adult deaths in 2010-2013.